

General Information

- **Uniform Shop**
Opening Hours
Tuesdays
8.15am - 9.30am and
Wednesdays
2.15pm - 4.00pm
- **Absentee Phone Line** 9844 0280
(Leave a message as requested)
- **Absentee Email:**
absent@sjc-albany.wa.edu.au
- **Principal**
Mr Mark Browning
- **Head of Secondary**
Ms Susan Alderman
- **Head of Junior School**
Mrs Erica Mielens
- **Business Manager**
Mrs Maria Jackson

Important Dates Coming Up

WEEK 5

Sat 26 May

- Family Mass - HFC, 6.00pm

Mon 28 May

- Year 9 Semester One Examinations
- Year 7 and 8 Test Week

Tues 29 May

- Year 9 Semester One Examinations
- Year 7 and 8 Test Week
- Eagles Cup Football vs Yakamia @ SJC 4pm

Wed 30 May

- Year 9 Semester One Examinations
- Year 7 and 8 Test Week
- First Communion Sacramental Meeting 2, JS Undercover Area, 6.30pm

Thurs 31 May

- Year 9 Semester One Examinations
- Year 7 and 8 Test Week
- Year 11 and 12 Semester One Examinations

Fri 1 June

- Year 9 Semester One Examinations
- Year 7 and 8 Test Week
- Year 11 and 12 Semester One Examinations
- JS Assembly - Year 6
- JS Inter-House Cross Country

Prayer for Rain

Almighty God, we need rain. We realise now, looking up into the clear, blue sky, what a marvel even the least drop of rain really is. To think that so much water can really fall out of the sky, which now is empty and clear! We place our trust in You. We are sure that You know our needs. But You want us to ask you anyway, to show You that we know we are dependent on you. Look to our dry hills and paddocks, dear God, and bless them with the living blessing of soft rain. Then the land will rejoice, and rivers will sing Your praises, and the hearts of all will be made glad.
Amen.

From the Principal

Dear Parents, Staff, Students and Parishioners,

The fine weather that has prevailed for so long this year has been fantastic particularly if you are a 'townie'. It is important to remember that St Joseph's College is a regional school and currently we have students from Boddington, Kojonup, Katanning, Bremer Bay, Boxwood Hill, Stirling Ranges, Porongurups, Mt Barker, Cranbrook, Gairdner and Varley who daily work on the land. Now a number are feeding their livestock, running short of water including for the family's use and dry seeding in the hope that sufficient rain will come soon. Please do spare a thought for these families and pray that rain will fall soon.

Our Year Twelve students have been provided with important information regarding the School Curriculum and Standards (SCSA) procedures for Year Twelve students. The online student declaration and permission needs to be completed by all Year Twelve students no later than Thursday June 21 2018. It is strongly suggested that students discuss all the questions on the declaration with their parents or guardians. Further information can be found at www.wace.wa.edu.au and <https://seniorsecondary.scsa.wa.edu.au/thewace/student-declaration>.

This week a number of students have been involved in the Albany Eisteddfod. Whether playing an instrument or singing, students must master the 'language of music' first which takes considerable time and commitment. Congratulations to the many students who confidently show cased their talents and to our choir for their impeccable performance. Your music and singing brought joy to those in attendance and great pride from your school.

St Joseph's College has a limited number of out of school sporting teams that go under our name. One such sport that does is soccer. Last Saturday I spent the morning wandering the sporting fields near North Road and watched seven

General Notices

Canteen News
Wednesday, 30th May 2018
Special of the Week
NEW for 2018

Homemade BBQ Beef Burgers



Homemade BBQ beef patty served with cheese and salad in a fresh roll.

Slider: \$3.00
Burger: \$5.50

Uniform Shop

The Uniform Shop is taking orders for girls long pants and orders are due by **Wednesday, 6 June 2018**. Order forms are available from either the Uniform Shop or College Office. Payment must be enclosed with the order form. Unfortunately late orders cannot be processed.

A sizing kit is available at the Uniform Shop during normal opening hours.

Girls Size 4c-16c - \$32
Adults Size 4a - 16a - \$37

Mrs Helen Anderson - Uniform Shop Co-ordinator

MUSIC CONCERT

Year Eight Music Class and
Music Certificate Group
Semester One Students

Friday Evening
Assessment Concert
Friday, 8th June 2018
(Week 6)

6pm - 8pm
St Joseph's College Drama Room

All welcome!
Parents, guardians and anybody
interested in the students and
their development.

Principal's Report

St Joseph's College soccer teams play. This year there has been a healthy growth in the number of teams with four Under Seven teams. In watching the games, the obvious observation was the number of students just having an enjoyable time. Some had played before while our youngest students were learning the basic skills of game play for the first time. The coaches had expectations of their players but at the same time displayed great empathy. There were many parents in attendance and the students loved having mum and dad present. Given soccer is played under the College's name, I was very impressed with what I observed. Currently the St Joseph's Year Five and Six teams are still looking for a couple more girls or boys. If any parents are interested in their child playing soccer please leave a message for Mr Mark Hills at the College Office.

This week the P&F coordinated the annual Book Fair. Regardless of a student's age, reading expands the mind, nourishes the imagination and opens a world of possible. The right book can ignite a passion for reading. It is important families and St Joseph's College maintain a reading culture as this will enable all students to make further educational gains. Thank you to the P&F for their hard work and to the many families who made book purchases; happy reading!



I am currently interviewing families for Kindergarten places in 2019. Please ensure that you contact the office and complete an application form. Each year, there are approximately forty places available in Kindergarten and once filled, we cannot provide further placements. If you have a child at school already, please do not assume that we are aware that a younger sibling is due to start next year. If you are also aware of a family who intends to send their child to St Joseph's College in 2019, please advise them to complete an application form so that they do not miss out.

Together everyone achieves more at St Joseph's College.



Mr Mark Browning - Principal

College Notices

Walk Safely To School Day

Friday 18 May was Walk Safely To School Day, in its 19th year this campaign looks to promote road safety and healthy active lifestyles. The autumn conditions were perfect which meant St Joseph's College was very well represented with a large turnout of over 100 staff, students and parents taking part in the short walk from Spencer Park IGA to the College. Each student (and some adults) were given stickers which acknowledged that they had taken part in the nation-wide activity. I would like to say a huge thank you to the parents who walked with their children and also to all of the staff who made time in their busy day to walk safely to school – we look forward to an even bigger day next year!!!

Mr Glenn Scarterfield - Junior School Physical Education Teacher



Student Achievements

Women's Football Rising Star

Congratulations to Ella Scamozzi - Year Eleven, who won Club Fairest and Best in the Great Southern Football Women's League inaugural year, playing for Sharks.



If your child has been awarded an extra curricular achievement, please email: admin@sjc-albany.wa.edu.au Attn: Newsletter. We would love to hear about it!

P & F News

Mother's Day Stall and Raffle

Thank you to everyone who supported our Mother's Day Raffle and Stall and thank you also to all the families who donated so many amazing gifts, without this support the Mother's Day Stall & Raffle wouldn't be able to happen.

We hope everyone had a fantastic day and the children had fun spoiling Mum with all the treasures they found at the stall. We raised \$1,490 which all goes back to supporting the College and children by providing additional resources.

A special thank you to:

Helpers

Amanda Thompson, Emma Panizza, Sarah Burns, Anita Goodwin, Julie Whalley, Sheryl-lee Green, Melinda Hudson, Delsa

College Notices

City to Surf Fun Run

The City to Surf Fun Run is being held in Albany on Sunday 22 July with both 4km and 12km distances on offer. Entering to run in the school team gives students discounts to the entry fee. Mums and Dads are welcome to join the school team and run too! The link to join the St Joseph's City to Surf team is <https://www.registernow.com.au/secure/Register.aspx?E=29811&G=63417>



Students running in the school team will be asked to run in the school athletics singlets which have been kindly donated by the fabulous P&F.

Running Club will take place on Monday afternoons for the remainder of Term Two to allow students the opportunity to do some group training in the lead up to the event. Running Club will take place from 3.20pm – 4.00pm on Monday afternoons starting on Monday 28 May. Please meet on the oval ready for a 3.20pm start. Parents are welcome to join the running group which will be concentrating on building our running base to complete the 4km course, although 12km runners are welcome to train too!

Please see Mr O'Donnell or Mr Scarterfield for further details.

Mr Paul O'Donnell - Physical Education Teacher

A Big Thank You to the P&F

The P& F very kindly donated books from the Scholastic Book Fair rewards system to the Library as prizes for the Book Week Parade in August this year.

We would like to thank this hard working team for their time and effort. We are very grateful to be the recipient of these donated books. Your dedication and hard work are recognised and appreciated.

Mrs Jude Wiegele - Teacher Librarian

Junior School News

Eagles Cup

Round Two of Eagles Cup football took place on Tuesday 22 May. This was St Joseph's first home game of the year which saw our Year Five and Six students take on Flinders Park Primary School. St Joseph's started brilliantly kicking the first goal of the game, however Flinders Park steadied with two goals late in the quarter to go into the break with a small lead. Our boys and girls found it tougher in the second quarter, with Flinders Park kicking away, a great defensive effort from the entire St Joseph's backline helped to limit the damage. Great spirit was shown from St Joseph's in the second half with the Flinders Park lead being cut to five goals at the last break, although Flinders Park prevailed at the end of the day 5.2.32 to 11.11.77. St Joseph's attitude and sportsmanship were excellent throughout and all our players can be happy with their contribution to the overall team performance. An extra mention must be made to player of the match Zephyr Simmons whose run and carry of the football through the midfield was exceptional. Finally, thank you to the parents who came down to support their young athletes. Next week we host Yakamia in Round Three and we look forward to seeing even more supporters on the hill!!

Mr Glenn Scarterfield and Chris Charlton - Coaches

Mack, Augusta Saunders, Andrea Wiseman, Lisa Maffei, Melissa Andreini, Sam Loveridge, Mark and Staff, Erica and teachers - timetable, Nick - setting up & tables.

Donations

Gift bags & raffle prize - Amanda & Simon Harris-Hawkins - Prouds The Jewellers Albany
Textile Traders
Uber Car wash vouchers - Jules Whalley

Please find included at the back of the Newsletter a list of the winners from our Mother's Day Raffle which raised \$355.

Thank you and kind regards
Mrs Cath McCracken - P & F Committee

Secondary School Assembly Thursday, 24 May 2018



Secondary School News

From Head of Secondary

This week has been a relatively quiet one in the Secondary School which makes for a nice change.

Thanks to Mrs Tompkin and the Year Ten Leaders, Bradley Bales, Titan Hawkins-Puls and Monique Hueppauff for running a well-received team building session for our Year Eight students on Tuesday afternoon.

The Middle and Senior School assembly took place on Thursday this week. At the assembly several students, Alicia Pascoe, Amie Reid, Jackson Weldon and Regan Anderson received the first ever Christian Service Certificates. These students received their Bronze Certificate for twenty or more hours. Their next step will be a Bronze Christian Service badge which will be awarded at forty hours.

Ozanam House began the drive for the Annual St Vinnies Winter Appeal. They kicked it off officially on Wednesday with a Liturgy for all Ozanam students and staff in the Ave Maria Chapel. We trust all students will get behind this great cause and help keep everyone warm this winter.

Ms Susan Alderman - Head of Secondary

Drew Petrie Presentation

Last Friday, St Joseph's College Year Eleven Physical Education Studies and Certificate II in Sport and Recreation Studies were fortunate enough to be treated to a presentation by recently retired North Melbourne and West Coast Eagles AFL player, Drew Petrie, now working as a Community and Game Development staff member at the West Coast Eagles.

Drew's Eagle Insight presentation looked at the training requirements of an AFL footballer. Many of these concepts can be applied to athletes at the elite level of any sport.

Students were asked afterwards what they found most beneficial from the presentation. All were surprised at the amount of Science behind elite sport now including:

- Looking at seasonal training regime: pre-season, in-season and post-season conditioning requirements.
- Individual session requirements tracked by GPS systems – players have to stay behind and complete the required amount of running at the end of a session if not completed within the session. Perceived rates of exertion are also taken after every session for every athlete.
- Individualised programs for each athlete depending on positional requirements and on return from injury.
- Facilities / equipment now available for athletes for normal training sessions, post game recovery and rehabilitation.
- Injury prevention (addressed largely in preseason training now. That is, if you are able to complete the tough pre-season injury free you are more likely to get through the season uninjured)
- Diet: fluid replenishment and post game meals and "sometimes" food.



Inter-School Cross Country



Parish Notices



Family Mass Invitation

Saturday, 26 May 2018
6pm
Holy Family Church
Martin Road, Albany

An invitation is extended to all families to attend.

We hope to see you all there.

Secondary School News

- Who works hardest in training? The injured or uninjured athlete? (In case you are wondering – the correct answer is the injured athlete!)
- Rule changes designed to protect players.

Overall, it seems the session was most beneficial (particularly as we commence Exercise Physiology after exams) and all principles can be applied to elite sports across the board.

Ms Kate van Hulssen - Physical Education Teacher

Inter-School Cross Country

St Joseph's College entered a team of 33 runners in the Inter-School Cross Country championships that were held at Great Southern Grammar last Monday afternoon. The runners were greeted with a dry course for the first time in many years and this allowed for some very fast times. The Year Seven to Nine runners raced one lap of the three kilometre course while the Year Ten to Twelve runners faced a grueling two-lap, six kilometre course.

With all year groups starting within five minutes of each other there was plenty of action out on the course and spectators made the most of the sunny conditions to enjoy the afternoon. The girls in the St Joseph's team were the standout performers with Pia Lee winning the Year Seven Girls and Laura McEwan winning the Year Eleven Girls. Congratulations also to Ella Scamozzi Runner-up Year Eleven Girls Champion, Callum Redshaw Year Twelve boys 4th place and Jessica Waldron Year Ten girls 5th place. Well done to all team members for their efforts on the day and to our enthusiastic supporters who came to watch and cheer for our team.

Mr Paul O'Donnell - Physical Education Teacher



National Youth Science Forum

Applications for the 2019 NYSF Year 12 Programme will be closing 31 May 2018. Current Year 11 students interested in science, technology, engineering and maths (STEM) are encouraged to apply. The NYSF Year 12 Programme is a 12 day residential programme designed to expose students to the diverse study and career options available in STEM fields. The programme includes lecture, workshops and labs run by established scientists, facility tours, social events, skills building activities and so much more.

The Programme will run three times in January 2019 in Canberra (Australian National University) and Brisbane (University of Queensland).

Click on the link for more information: [National Youth Science Forum](#)



First Holy Communion Workshop
Parent and Child

Wednesday, 30 May 2018
6.30pm

JS Undercover Area
St Joseph's College
Martin Road, Albany

The candidate who will be receiving the Sacrament of First Holy Communion and his/her parent/guardian are expected to attend please.

We look forward to meeting you all.

Chaplain's Corner

Fr Randolph Subiaco



Ludwig Wittgenstein said Human beings make sense of their experiences through hearing and telling stories. Our stories are an important part of life and others life. Stories are important as they make us aware of the person, his/her existence and the humanness of the person who is capable of love and to be loved.

Every story teller needs a listener. Stories need to be understood and listened. It is a good character to be able to hear the stories and listen with the heart. Most of the time we are asked to be listeners rather than story tellers. In this age of disconnectedness in a person to person dialogue we need to be listeners to human experience and also be capable to tell our stories and proclaim that we exist. More over to share the greatest story of love.

Secondary School News

From the Pastoral Care Office

We have had another busy week in Pastoral Care with Year Twelve students having a shared lunch in preparation for their final weeks leading to their mid-year exams and externally set tasks and Year Eight students participating in a Team Building Afternoon.

Both activities brought the groups together, providing opportunity for laughter, friendship and fun.

It was a well-earned time together for the Year Twelves who have been very busy completing assessment task after assessment task as they hit the half-way mark of their final year of formal schooling. Good luck Year Twelves in your upcoming examinations; remember to eat healthy, drink lots of water, sleep well and look after one another.

The Year Eight's had a fun afternoon of games and activities, discussing how each of them are different and how boring life would be if we were all exactly the same. Apparently most of the boys did not think too much of Harry and Meghan's wedding over the weekend, and ice cream is not everyone's favourite. They each wrote a pledge to how they are going to make Year Eight the best year group to be in, which culminated in a class poster that is proudly displayed in the Senior School Undercroft.

Some of the pledges individuals wrote:

"Today I learned **that everyone is different.** Now that I know this, I pledge to ... **Always include others**"

"Today I learned **different things can change my ability and my learning.** Now that I know this, I pledge to ... **make more friends**"

"Today I learned **nobody likes being left out.** Now that I know this, I pledge to ... **accept people more for who they are**"

Mrs Caroline Tompkin - Year Seven - Twelve Pastoral Care Coordinator



P & F Mother's Day Raffle Prize Winners



Prize		Winner & Class	
Camp Seat / Cooler		Abigail Molenda 1B	
Sewing Box donated by Textile Traders		Bella 1B	
Cooking Wok		Isabella O'Connor PPG	
Ladies Watch donated by Harris-Hawkins family from Prouds The Jewellers		Isaac 3G	
Ladies Necklace		Austin Contin	
Dutch Pancake		Jordan 3 G	
2 x Car Wash donated by Whalley family from Uberwash Car Wash		Maddie 4 B Lisa 5G	
Breakfast in Bed Tray Set		Arch 5G	
Mum Photo Frame		Ayeisha 3B	
Gift Bag	Amali 5	Bibhuti PPG	Willow 2B
Santino 6G	Tarkyn Hack 1B	Polly 1B	Lillian 3
Chrissy	John 4B	Lewis 1B	Tom 4B
Heath Ward 1B	Samuel Rus 5B	Tamara 3G	Lewis 2B
Blake 6G	Lyra 3G	Storm 4B	Maria 9
Brayden 3G	Trish Hines	Mia 3G	Lewis 2B
Marcey 3B	Emily PPG	Chloe Harding 4B	Erin Adams PP
Danielle PPB	Mila 1G	Cheryl-Lee	Henry Gr 3B
Jocelyn 4B	Tayte KB	Sean 6	Tim Smart KB

Community Notices

WAAPA Winter School 2018

WAAPA at ECU is offering an exciting performing arts program for children and young people these July school holidays. For the first time, we are including courses for students from Years 1 to 12. The Winter School includes classes in drama, acting, screen acting, dance, musical theatre and RAP. For information about the many courses on offer please visit [Winter School](#) or contact Gabrielle Metcalf at g.metcalf@ecu.edu.au or 9370 6775.

