

ST JOSEPH'S COLLEGE NEWSLETTER

Phone
9844 0222

Fax
9844 0223

Email
admin@sjc-albany.wa.edu.au

Internet
www.sjc-albany.wa.edu.au

8 February 2008

REFLECTION

Prayer During Lent

Compassionate God, you bless us with the abundance of your love and grace us with the gift of your eternal presence.

In this Lenten time give us the wisdom to recognise our poverty and the compassion to share it's treasure with our brothers and sisters.

We ask this through your Son Jesus Christ, who gave his life for us.

FROM THE PRINCIPAL

Dear Parents, Guardians, Families, Students and Members of our College Community,

A very warm welcome back to the students and families in our College Community for the 2008 school year. In particular, to our new students and their families, we welcome you and trust that this will be a special time, as you journey through our College Community.

The beginning of our school year also marks the beginning of the Season of Lent. The College celebrated Eucharist on Ash Wednesday; a special thanks to Fr Rogasian.

Our charitable focus for Term One will be raising funds for Caritas Australia to support underprivileged Australians and people overseas struggling for existence.

As we begin this school year together, I wish you all the best for a fruitful year.

Mr Bradley Hall - Principal

NOTE: Attached are some helpful hints for parents beginning the school year.

IMPORTANT DATES COMING UP

Mon	11 Feb	Pre-Primary (whole class commence) Kindy (Half Group)
Tues	12 Feb	Kindy (Half Group)
Wed	13 Feb	Kindy (Half Group)
Thur	14 Feb	Kindy (Half Group)
Thur	14 Feb	@Work Programme - Parent/Students Meeting - 6.15pm College Chapel
Thur	14 Feb	Senior School Parent Information Night - College Chapel 7.00pm
Fri	15 Feb	Middle and Senior Schools Inter-House Swimming Carnival @ Mt Barker 6-9pm
Fri	15 Feb	Junior School Assembly - 9.00am Gymnasium
Mon	18-22 Feb	Pre-Primary whole group (half days)
Mon	18 Feb	Kindy whole group commence
Mon	18 Feb	Parent Information Night (Yrs 1-3)

COLLEGE NOTICES

Student Uniforms

It is important that parent/guardians and students actively support the uniform policy. The College uniform is to be worn to and from school, during the school day and at designated College functions. The following conditions apply:

- Senior School students: The College Blazer and tie must be worn with long pants or skirt. They may not be worn with shorts.
- The length of girls' skirts is to be no more than three centimetres above the knee.
- Jewellery is restricted to one plain ring, one watch, one fine chain with small Christian pendant and one pair of plain sleepers or studs (one in the lobe of each ear). Visible body piercing is not permitted. Excess jewellery will be confiscated and is to be reclaimed from the College Office at the end of each school term.
- Make-up and coloured nail polish are not to be worn at school.
- Hair will be clean, neat and off the face. All students with hair longer than shoulder length will have it tied up with a navy blue ribbon, band or scrunchy.
- Students who choose to highlight their hair must use their own natural hair colours. The addition of any hair colour should not be such that it dramatically changes the appearance of the student. The addition of hair colour must be so subtle that it does not necessitate visible re-growth.
- Boys will be clean-shaven.
- At no time can students shave their head, or part of their head.
- Hair products (eg gel, mousse) need to be used sparingly so as to look neat and conservative (not spiky).
- No extra pieces of clothing are to be worn with the uniform, if visible. This includes t-shirts under College shirts. Any overgarments, such as raincoats, parkas, gloves and scarves that are worn to and from school, must be taken off while inside school buildings. These may only be worn outside on cold days, provided the College jumper is also being worn.

COLLEGE NOTICES

- Students changing into bathers or board shorts for Physical Education, Outdoor Education or In-term swimming need to ensure they place their sports uniform over these garments. Board shorts are not to be visible under the sports uniform.
- Middle and Senior Schools students are required to change into the sports uniform before Physical Education classes and change back into their school uniform after class.
- All students are encouraged to wear hats for sport and other outside activities. It is compulsory for students in Years Kindergarten - Seven to wear a College hat at recess and lunchtime in Terms One and Four.
- Students who do not comply with uniform standards for a specific reason on a particular day must have an explanatory note in their diary from their parent/guardians.
- The College school bag is compulsory for all students.

GIRLS' UNIFORM REQUIREMENTS

- Tartan skirt or College slacks. Girls must wear the Tartan skirt on formal occasions.
- Long or short sleeved blue shirt (with College crest).
- College jumper or College blazer (compulsory for Senior School students during Terms Two and Three and on formal occasions).
- College tie (Middle and Senior School students) during Terms Two and Three and on formal occasions.
- Middle and Senior Schools – College Navy tights (must be worn on formal occasions) or white ankle socks (not sockettes or anklets) with skirt, and navy socks with pants.
- Junior School – College Navy tights (must be worn on formal occasions) or navy ankle socks (not sockettes or anklets).
- Black lace up leather school shoes (no gym boots, desert boots or sandals).
- Brown sandals in Terms One and Four (Junior School only - not to be worn with long pants).

COLLEGE NOTICES

GIRLS' SPORT UNIFORM REQUIREMENTS

- Sneakers/Sandshoes with non-marking soles.
- White socks.
- Royal blue sports skirt or royal blue shorts.
- Blue College sports shirt.
- House sports shirt.
- College tracksuit or College rugby top.

BOYS' UNIFORM REQUIREMENTS

- Grey trousers or grey shorts.
- Long or short sleeved blue shirt (with College crest).
- College jumper or College blazer (compulsory for Senior School students during Terms Two and Three and on formal occasions).
- College tie (Middle and Senior School students) during Terms 2 and 3 and on formal occasions.
- Grey socks and black lace up leather school shoes (no gym boots, desert boots or sandals).
- Brown sandals in Terms One and Four (Junior School only - not to be worn with long pants)

BOYS' SPORT UNIFORM REQUIREMENTS

- Sneakers/Sandshoes with non-marking soles.
- White socks.
- College royal blue shorts.
- Blue College sports shirt.
- House sports shirt.
- College tracksuit or College rugby top.

Martin Road Car Park

To assist parents/guardians of new students to the College and as a reminder for all parents/guardians, please find attached a plan of the Martin Road car park which details traffic movement flow, designated parking areas etc.

It is essential that all users of the car park follow the instructions regarding the five kilometre/hour speed limit and no standing in the pick-up-drop-off zones. The pick-up areas are not park and wait areas. Please do not park anywhere other than designated areas. A reminder that the Church car park is also available.



COLLEGE NOTICES

Parents who have children in Kindergarten or Pre-Primary classes, as well as in other sections of the school may wish to use the Ulster Road car park. The older children can then walk across the oval.

College Annual Magazine

The 2007 College Annual magazine was posted home to families recently. If you missed receiving one, please contact the Office.

The 2005/2006 Magazines are currently at the publishers being printed and will be available in the near future.

Tutorials

Tutorials will commence next week in the College Library. Times are as follows:

Junior School - Wednesdays from 3.05pm - 4.00pm

Middle and Senior School Students - Wednesdays and Thursdays from 3.15pm - 4.30pm

Students are expected to be present for the duration of Tutorials unless a note is forwarded to the Tutorial Supervisor for early release. Students are to sign the Attendance Book at the Library desk.

Mr Mike Watson - Head of Junior School

Ms Jude Stringer - Head of Curriculum

2008 Data Collection for National Assessment Programme in Literacy and Numeracy (NAPLAN)

A number of Parents & Guardians of Students in Years Three, Five, Seven and Nine will have received a National Data Collection form.

The collection of this information is a Federal Government requirement to prepare the assessment resources for the National Assessment Programme for Literacy And Numeracy (previously known as WALNA and MSE) which will be held in May.

Please return any outstanding forms to the College office immediately as it is imperative we have this information back by the beginning of next week to comply with Federal Government requirements.

COLLEGE NOTICES

Please contact Ms Jude Stringer at the College if you have queries.

Ms Jude Stringer - Head of Curriculum

Letter from St Vincent de Paul Society

"On behalf of the Albany Conference of the St Vincent de Paul Society, I extend to you and all the members of your College community our sincere thanks for the special way in which you supported our work during 2007. The efforts of your whole College community: college staff, students and parents are greatly valued by our volunteers and members.

Most recently, with the support of your College community, Conference members were able to distribute 97 hampers before Christmas 2007 to needy families. All the hampers were of exceptional quality because of your College's generosity. We were honoured and proud to be able to extend such practical Christian goodwill at Christmas with the donations of non-perishable foodstuff and presents suitable for teenagers. The on-going support we receive from you and Mr Mike Watson is also acknowledged with thanks.

On behalf of all of us, and those we assist, best wishes to you and all the members of your College community for a happy, healthy and productive 2008.
John Kelly - President"

World Youth Day - Once in a life time....

Students from St Joseph's College intending to be part of the celebrations will form a pilgrimage group with other students from the Bunbury Diocese. The World Youth Day 2008 pilgrimage consists of students from St Joseph's College and adults of the Holy Family Parish. These groups will then travel to and from Sydney together, as well as reside at the same accommodation and travel together to and from the various venues hosting World Youth Day events.

Miss Rumeena Nizam - WYD Co-ordinator

Email: nizam.rumeena@cathednet.wa.edu.au

COLLEGE NOTICES

School Immunisation Programme 2008 For Students in Years 7, 8, 9 and 10

In 2007 over 70 % of female students in Years Ten, Eleven and Twelve living in the Great Southern Region chose to have the worlds' first cancer preventing vaccine (GARDASIL[®]) or the Human Papillomavirus (HPV) Vaccination.

In 2008 *Gardasil* will be available at school for female students in years Seven, Eight, Nine and Ten. By having the series of three vaccinations students are choosing to prevent the development of cervical cancer later in their life.

Cervical cancer can have an immense impact on the lives of women:

- It is the second most common cancer for women after breast cancer in the world;
- Approximately 900 Australian women are diagnosed with cervical cancer each year;
- Approximately 200 Australian women die each year from cervical cancer

In 2008, the three vaccinations will be given over six months, during Terms One, Two and Four.

If your daughter is aged between 16-27 years and would still like to be vaccinated against the viruses that cause cervical cancer please make an appointment with your GP or the Great Southern Population Health immunisation clinic on 9842 7500. Please note that Gardasil will not be available free for these age groups after June 2009.

Lost Property

There are a number of valuable lost property items eg. watches and jewellery from last year. If you have misplaced any of these items please check at the College Office.

Canteen News Next Wednesday's Special

Quiche (Bacon & Cheese) &
Salad Platter and Water for \$4.00

JUNIOR SCHOOL NEWS

Welcome Back

A warm welcome back to students and parents after the Christmas holiday break. A particular welcome to new families to the College. As I'm sure most parents have noticed, the excitement level amongst students has been very high as we commence a new school year.

Term One promises to be a very busy term with a large number of events occurring as indicated on the College calendar.

I would like to draw parents attention to the Parent Information Nights which will be on during Week Three. The Year One-Three Parent Information night will be held on Monday 18 February and the Year Four-Six meeting will be on Thursday 21 February. More information will be sent home with students about these meeting during the next week.

New Reading Books

We have been able to purchase a series of new reading books suitable for Year One-Six classes (approximate value \$6,000) during the holidays to support the RAISe literacy programme. Thank you to the College Board for providing the financial assistance necessary to procure these books. In forthcoming weeks Mrs Tassicker will be asking for parent helpers to assist with covering the new books so if you are able to help please contact Mrs Tassicker.



Athletics/Swimming

Please note that due to the pool redevelopment occurring at Albany Leisure and Aquatic Centre this year's Junior Swimming Carnivals will be held in Term Four and the Athletics Carnivals have been moved to Term One. Our Inter-House Athletics Carnival will be held in Week Eight on Thursday 27 March and the Inter-School Athletics Carnival will be held in Week Ten on Thursday 10 April.



JUNIOR SCHOOL NEWS

Assembly

Our first Junior School Assembly for the 2008 school year will be held next Friday 15 February commencing at 9.00am in the College Gymnasium. The Year Six students will be conducting the assembly. Parents and friends are welcome to attend.

Mr Mike Watson - Head of Junior School

MIDDLE & SENIOR SCHOOL NEWS

Year Seven Students

During Year Seven all students male and female are offered free vaccines to protect against the diseases of hepatitis B, chicken pox, diphtheria, tetanus and whooping cough.

This year the Year Seven-immunisation programme has been extended to offer female students the Human Papillomavirus (HPV) vaccine – Gardasil.

The immunisation team will visit this group 4 times over the course of the year and offer students a maximum of two vaccines at each occasion.

Term 1 - students will be offered Hepatitis B vaccine and female students will also be offered HPV.

Term 2 - students will be offered Chicken pox vaccine and female students will also be offered HPV.

Term 3 - students will be offered the second Hepatitis B vaccine and Boostrix

Term 4 - female students will be offered HPV.

Information and a consent form will be sent home with your child. Please complete and return the consent form to the school as soon as possible.

More information about cervical cancer and the vaccine can be found at www.cancerscreening.gov.au and at www.immunise.health.gov.au

If you have any questions or concerns please contact Beverley Bradshaw - Community nurse on 98427563

MIDDLE & SENIOR SCHOOL NEWS

Senior School Information Night

Next Thursday 14 February we will be having an Information Meeting for parents of Senior School students. A letter was sent home for this meeting yesterday with every Senior School student. The meeting will be held in the Chapel and will commence at 7.00pm. The Senior School years are very important years for your son/daughter and we look forward to informing you about important issues pertaining to Years Ten, Eleven and Twelve studies. We will discuss ways in which you can support your son/daughter through their study programme, the Senior School calendar and pathways through Senior School and beyond. **Students should attend the meeting with their parents.**

Prior to the Senior School meeting there will be a meeting for parents of students involved in the @work programme in Years Eleven and Twelve. This meeting will commence at 6.15pm in the Chapel. It is essential that all parents of students involved in the @work programme attend this meeting with their sons/daughters. I look forward to seeing you on Thursday 14 February. Please return the slip attached to the letter sent home to the College Office by Monday 11 February EVEN IF YOU ARE NOT ATTENDING the meeting.

Mr John Bova - Head of Senior School

Middle and Senior Schools

Inter-House Swimming Carnival

There will be a new format for the 2008 Years Seven-Twelve Inter-House Swimming Carnival which is to be held at the Mt Barker Pool next Friday evening from 6.00pm – 9.00pm. The change in format has been required due to the closure of the Albany Leisure and Aquatic Centre for upgrades. This year's carnival will only consist of Championship races which contribute points to Champion and Runners Up in each year group and the overall House Shield. Students can choose to race in some or all of the races for their year groups. The races are 50m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly and 100m freestyle. There will not be any novelty events or 25m races.

MIDDLE & SENIOR SCHOOL NEWS

Year Seven – Twelve students are invited to attend the carnival but attendance is not compulsory. Students wishing to be considered for selection for the College ACC and Inter-School Swimming teams must attend. Students are asked to attend in their College House Sports Uniform.

Students are welcome to make their own way to Mt Barker or may choose to travel on the bus leaving the College at 5.00pm and returning at the completion of the carnival at approximately 9.30pm. Parents and spectators are encouraged to attend. Any parents who are able to assist with any duties on the night are invited to contact Mr Paul O'Donnell through the College Office.

Mr Paul O'Donnell - Physical Education Teacher

PARISH NOTICES

St Joseph's College/Holy Family Parish Business Directory

Just a reminder that entries for the 2008 Business Directory close on Monday 18 February. Enclosed with this newsletter is a Registration Form if you missed out last year. Please return all forms to the College Office and direct any enquiries to Maria Jackson on 9842 6810.

COMMUNITY NOTICES

Junior Soccer Registration Day

Sunday 17 February

10am - 2pm and

Saturday 23 February

9am - 2pm at

North Road Soccer Clubrooms



Football West will be on site on 23 February to demonstrate small sided games for ages 6, 7 & 8.

Any enquiries please call Mark Hensen on 9842 3593

Auskick Registration

It's that time of year again and registration for the 2008 Auskick footy season is on **Sunday 24 February 2008** following the NAB Challenge match at North Albany. Contact Mr Small at the College for a Registration Form.

St Joseph's College Parents and Friends Association present ...

St Joseph's College/Holy Family Parish 2008 Business Directory Registration Form

**Last Chance
to Enter**

What:

St Joseph's College P & F Association in conjunction with the Holy Family Parish are compiling the 2008 Business Directory. This directory contains the details of businesses who are owned or part owned by either parents with students at the College in 2008 or who are parishioners of the Holy Family Catholic Parish for 2008.

When:

The aim is to have the directory completed and distributed to College and Parish families during first term 2008, however, we require the majority of entries to be submitted no later than **Monday 18 February 2008**.

Who:

We invite all owners or part owners of a business to complete their details and return this form to the College office either in person or via fax on 9844 0223 no later than **Mon 18 February 2008**.

Why:

To promote businesses that form part of our College and Parish community.

How much?

It's **FREE** to enter the directory.

Contact:

Please direct all enquiries to Maria Jackson on 9842 6810.

Business Name: _____

Business Address:
(Street location) _____

Business Phone: _____

Business Fax: _____

Email: _____

Website: _____

Contact Person: _____

Trading Hours: Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

Saturday _____

Sunday _____

Business Classification: ie Hairdresser, Café etc

Brief description of business:

Special offers (optional)

Eg 10% discount for college and parish families.

**Please return this form to the College Office
by Monday 18 February 2008.**

**Businesses already registered for the
St Joseph's College/Holy Family Parish
2008 Business Directory**

BATHROOM DÉCOR & TILES

BJ & SL BURNS

CIVIC VIDEO

COASTAL CRANES ALBANY

CROKER LACEY GRAPHIC DESIGN

CUT OF CLASS BY ELI

GREAT SOUTHERN LEGAL

GREAT SOUTHERN PACKAGING SUPPLIES

GREG CLUETT EARTHMOVING AND BOBCAT SERVICE

HUDSON, HENNING AND GOODMAN

JOHN KINNEAR & ASSOCIATES

NEWBYS AUTOMOTIVE ELECTRICIANS PTY LTD

RECHARGE-IT

RHINO WATER TANKS & LINERS

SOUTH COAST WALLS

ST VINCENT DE PAUL SOCIETY

ST VINNIES RETAIL SHOP

ST JACK STEEL CONSTRUCTION

10 Ways for Parents to Help Teachers Help Their Children Learn



- 1. Create a smooth take off each day.** Get organised the night before. Give your children a hug before they leave the house and you head to work. Tell them how proud you are of them. Your children's self-confidence and sense of security will help them do well both in school and in life. A positive, happy start is the best foundation for the day at school.
- 2. Prepare for a happy reunion at the end of the day.** Create predictable rituals such as 10-20 minutes listening to your children talk about their day over an after-school snack – before you check phone messages, read the mail, or begin dinner. This is truly quality time when your children know your attention is focused on them and they can count on you every day after school.
- 3. Fill you child's lunchbox with healthy snacks and lunches.** Have dinner as a family, preferably round the table, at a reasonable hour. In the morning provide a healthy breakfast with whole grains, protein and fruit. A well-balanced diet maximises your children's learning potential and helps them stay alert throughout the school day.
- 4. Include peaceful times in your children's afternoons and evenings.** Maintain a schedule of regular bedtimes that allows them to go to school rested, and if they are sick, have a system in place so they are able to stay home. Children need plenty of sleep for healthy physical and mental development and success at school.
- 5. Remember it's your children's homework, not yours.** Create a homework space that's clutter-free and quiet. Encourage editing and double-checking work, but allow your children to make mistakes, as it's the way teachers can gauge if they understand the material. It's also how children learn responsibility for the quality of their work.
- 6. Fill your children's lives with a love for learning by showing them your own curiosity, respecting their questions, and encouraging their efforts.**
- 7. Fill your home with books to read, books simply to look at, and books that provide answers to life's many questions.** Public libraries are an excellent resource and can become a habit from a very early age.
- 8. Be a partner with your child's teacher.** When you need to speak to the teacher with reference to a specific issue with your child, do it privately, not in front of your child. Never criticise your child's teacher in front of your child. Keep adult disagreements among the adults concerned.
- 9. Set up a system where routine items are easily located – such as backpacks, shoes, signed notices.** Create a central calendar for upcoming events to make sure everyone is prepared. Boys in particular can benefit from learning how to organise themselves.
- 10. Become involved in school activities.** This could be helping with reading, being on a committee, helping with a Parent and Friends event, going to meetings, providing transport. Teachers appreciate the practical support of parents – and children whose parents are involved do better at school.

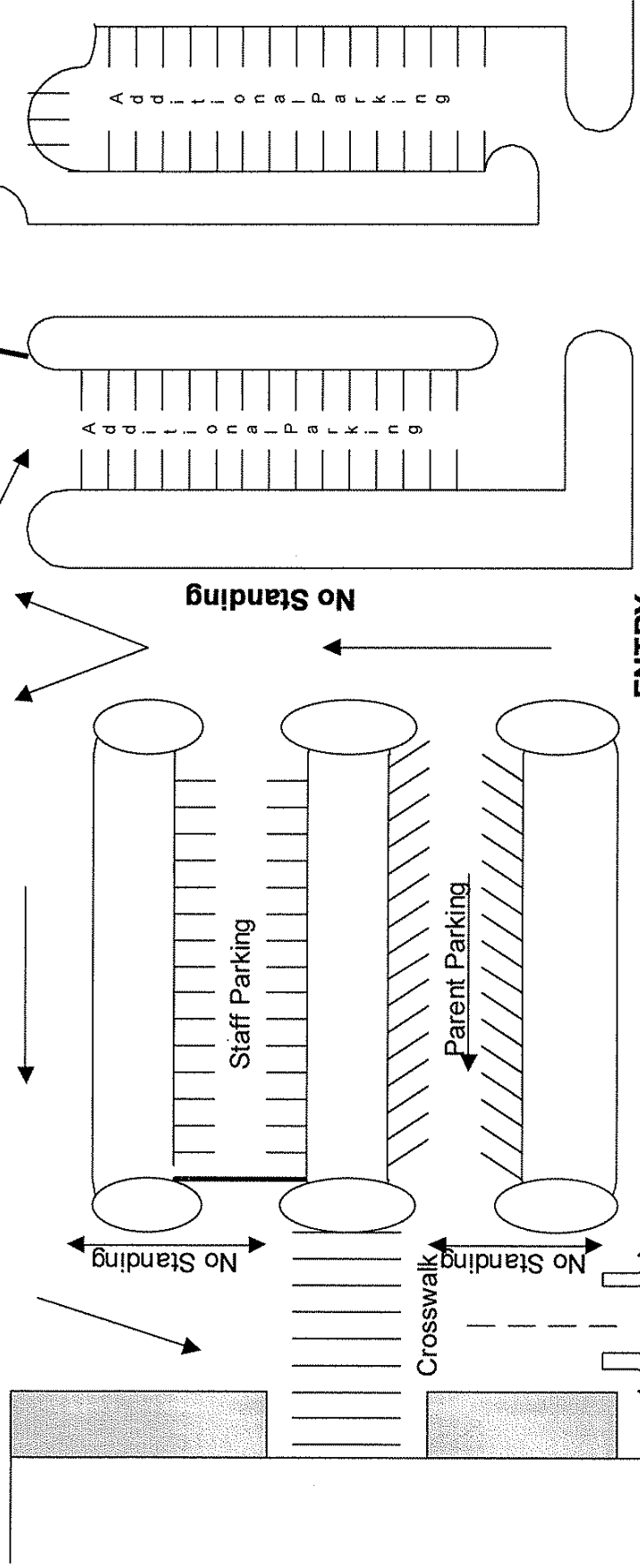
Martin Road Car Park

Gym

Church

 Pick up and Drop off Only
Driver may not leave the vehicle

Pick up/Drop off only
(No waiting)



Martin Road

Exit

ENTRY ONLY!!

EXIT ONLY!!